



A BEGINNERS GUIDE TO THE YORKSHIRE BEAST

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THE YORKSHIRE BEAST

A GUIDE TO THE EVENT

The Beast is the toughest ride out there, mega distance and a lot of climbing! It is intended to be a mega challenge event that will challenge any rider.

We've limited the entries to 1,000 as this is the highest number we feel we can safely look after on such a distance. The response to the event has been huge, it will sell out!

You must enter online, no entries on the day.

Camping/Caravans/Motorhomes pitching on the site is available.
You can book Camping here.

A ticket will be issued to all those who've purchased camping. The booking is per person, not per car/tent.

You can arrive at the Campsite from 14:00 on the 26th May and must depart by 10:00 on the 28th May.

Glamping is also available and can be booked at www.camphill.co.uk. Spaces are very limited.

On the night before the event there will be a pasta party in the event marquee. Pasta is free and you will be able to purchase drinks and other food.

On the night of the event the marquee will be open for the Beast After Party. You will be able to purchase drinks and food. There will be live music.

Water and Showers are available on the campsite, there is no power though.

The facilities at Camp Hill are great, there is a lot for the family to do on the site and in the immediate area. Why not bring them along to enjoy a day out and support you in this epic event.

Campers or people local to the area can collect their Rider Numbers and Timing Chips the day before the event from 15:00 – 18:00. We encourage people to use this option.

You can also collect chips and numbers on the day of the event from 04:00 – 04:45. There is a huge car park which is on grass. You can ride across the grass, take your chips and numbers and set off.

There will be a good breakfast offer available for you to purchase on the event site.

All riders must depart at 05:00.

You will take your place in the start area, receive a very short briefing and then everyone will set off together. You will all be given a start time of 05:00:00.

Sun rise will be approximately 04:50, there will be lighting on the site until then.

There are 5 feed stations on the route, these are also the cut-off points. If you don't arrive at the feeds at the given time, you will need to be pulled out the event and transported back to HQ.

We cannot have riders finishing beyond 21:00 as it will be dark.

Start	0 Miles	CampHill	Cut Off 05:00
Feed 1	36 Miles	Kildale Village Hall	Cut Off 08:54
Feed 2	80 Miles	Castle Howard	Cut Off 11:24
Feed 3	116 Miles	Markington Village Hall	Cut Off 14:20
Feed 4	142 Miles	Kilnsey Village Hall	Cut Off 16:25
Feed 5	177 Miles	Dales Bike Centre	Cut Off 19:15
Finish	200 Miles	CampHill	Cut Off 21:00

You will need to average 12.5mph (including stops) to complete the event. We cannot allow riders to continue as part of the event beyond these times I'm afraid. The feeds will be closed and the route markers taken down.

The feeds will be stocked with gels, powders and energy bars from our nutrition partner. We will also provide a large variety of fresh food from local suppliers at each feed. We will aim to offer different food at each feed stop. There will be water available at all the feeds, a mechanic will be based there and there will be a massage team at each feed to attempt to bring the legs back into life!

We will have First Aid at each feed.

Between the feeds a water vehicle will sweep through the riders to replenish water. These cars will also carry nutrition products.

There will be motor bikes to respond to any mechanical incidents and a mobile first aid team who will patch you up and get you on the move!

If the worst happens we'll take you to the nearest feed where the collection vehicle will pick you up and take you back to Camphill.

At the finish you'll receive a substantial finishers medal and be welcome back to a hero's welcome! We will have Protein Powders on hand to aid your active recovery, the massage team will be waiting and there will be First Aid available.

We'll have Hot Showers ready for you to freshen up and hit the Beast After Party! We are currently designing an "I Battled The Beast in 2018" jersey which will be available to purchase on the website soon.

If you have any questions then please drop us an email events@velo29.com
We look forward to seeing you there, Richard and the Events Team site.