TOUR OF THE PEAK SPORTIVE EVENT MANUAL
WELCOME

VELO29 PRIMAL TOUR OF THE PEAK SPORTIVE 2020

WE ARE BACK!...

A massive welcome back to cycling events after six months of Covid-19 lock down restrictions.

We at Velo29 would like to thank you for your support during these unprecedented times.

We start our ‘mini season’ with the iconic sportive The Tour of the Peak.

This classic sportive is named after and on the same route as the original Tour of the Peak road race, which ran from 1943 through to 2005.

Some things have changed and will be detailed in this event manual. It is imperative that you read and understand this manual.

This is the first cycling event since March and new rules and regulations apply to events as they do in your everyday life so please adhere to the social distance rules and all rules set out in this manual.

Unlike our events in the past you will be posted your rider number and timing chip to the address you registered when booking. The timing chip is self adhesive and must be stuck to your helmet. Your event number goes on the FRONT of your bike with the twist ties provided.

Before 18:00 Friday 11th September you need to

BOOK a START TIME

There are 6 slots per minute available to book and once booked the time is unchangeable so please do not email to ask to change it.

You must complete a pre-event COVID questionnaire and it is essential this is completed.

LOG ON HERE BEFORE 18:00 FRIDAY

You will also be temperature checked on entry to the event site by our medical provider CIPHER.

Finally, feeds will be operating a ‘grab and go’ system so we do not have people gathering. So please do not be offended if you are asked to move along.

All new measures will be detailed later in this manual also.

I wish you all a safe, successful and enjoyable ride.

James Sullivan
Head of Operations, Velo29

IMPORTANT

The contents of this manual are key to you having a smooth and enjoyable time at the event.

Please make sure you read it carefully, noting all relevant times.

Please note that due to the time of year and in case of bad weather we would encourage you to have lights on your bike and wear bright clothing.

Have a great event.

Please feel free to email any questions not covered in this manual to events@velo29.com

Event organisation
Velo29 Events Limited
events@velo29.com

Event Director
Richard Williamson
PRE-EVENT INFORMATION
HQ LOCATION

Event HQ Address
Bakewell Show Ground
DE45 1AQ

Most people will reach Bakewell from the A6.
The A6 runs NW to SE through the town.
The event HQ is situated off the A6 (Hadden Road) to the South East of the town.

If travelling South on the A6 you will need to come through Bakewell and follow signs for Matlock A6.
DO NOT turn off A619 onto Station Road as you cannot enter the event site this way.

If traveling North on the A6 you will pass the event site entrance which will be on your right; so if you get into town you have missed the turn.
Parking is free.
Signs will guide you to the event site.
PRE-EVENT INFORMATION

EVENT MEDIUM ROUTE OVERVIEW MAP

Event HQ Address
Bakewell Show Ground
DE45 1AQ

Medium Route Statistics
Distance: 59.7 miles (96km)
Elevation: 6116 feet (1864m)
Feed: 31.9 miles (44.6km)

KOMs
Winnats Pass: 15 miles (24.2km)
Cat & Fiddle: 39.1 miles (63km)

Registration
Your registration pack will arrive by post by:
11th September 2020
Please follow all the instructions contained in your registration pack on how to register, book your start time slot and complete your Covid-19 questionnaire.
Event HQ Address
Bakewell Show Ground
DE45 1AQ

Long Route Statistics
Distance:
112 miles (180 km)

Elevation:
11,470 feet (3496 m)

Feeds:
34.9 miles (55.5 km)
68.0 miles (109.4 km)
84.2 miles (135.6 km)

KOMs
Winnats Pass:
15 miles (24.2 km)

Home Moss:
54.5 miles (87.8 km)

Cat & Fiddle:
91.6 miles (147.3 km)

Registration
Your registration pack will arrive by post by:
11th September 2020
Please follow all the instructions contained in your registration pack on how to register, book your start time slot and complete your Covid-19 questionnaire.
Due to Covid-19 we are changing the way you will register for this event. There are 3 things that YOU need to do.

**We have posted you a rider pack** you will receive this in the post (to the address you gave when booking) which will contain a guidance sheet, timing chip, rider number and twist ties.

**Step One:**
Complete your Covid-19 questionnaire which is essential; no form = no ride.
You can get your booking ref at the link below. The fields in the online boxes are case sensitive

**Step Two:**
Book your start time using the link provided in your pack. There are 6 slots per minute which are unchangeable when booked.

**Step Three:**
- Place the self adhesive timing chip anywhere on your helmet
- Attach your event number to the FRONT of your bike using the twist ties provided.

Follow these steps and you can simply turn up no more than 30mins before your chosen time and RIDE!

**PARK - UNLOAD - FUEL - START**

Key times for this event are:
You are pre-registered and have chosen a start time, so please only turn up with enough time to park, unload, fuel and start.

First 6 riders depart at 0645 then in groups of 6 every minute.

By registering online and booking your start time you are confirming that you:
- Have read the rider manual
- Are starting the event
- Will follow the rules of the road
- Believe you can complete your chosen route
- Your bike is in good working order
- Understand this is an OPEN road event (including Winnats Pass)
COVID-19 & GENERAL RIDE RULES

These are unprecedented times and to be able to commence with cycling events we are following guidance from both Public Health England and British Cycling.

Whether you are a rider, member of staff, volunteer or spectator, please think, act responsibly and respect other people

- Arrive for your chosen start time with only enough time to park, unload, fuel and start.
- Please maintain the 2m social distance rules if queuing for the toilet for example
- Please wear a face covering while waiting to start which can be removed when you start
- Hand gel MUST be used at the designated point at each feed station and please wear a face covering if possible
- Do not linger at the feed station we are operating a GRAB & GO system which will be enforced by the feed staff. Feel free to stop safely a little further along the route and eat your food but please do not stop at the feed station
- Again please maintain the 2m rule if waiting for food or the toilet at feed stations
- Please use bins and recycling bins provided at starts / finishes to dispose of waste.
- In areas where suitable waste and recycling bins are not available, please keep your rubbish and dispose of it responsibly later.
- We ask you to leave nothing but footprints and take nothing but photos and some amazing memories.

We have worked very very hard to be able to put on this amazing event for you and how you act will determine if such events will be able to go ahead in the future so please be very respectful of other peoples personal space, respect the environment and ride & act responsively.
Velo29 deploy a huge number of route signs in all our events and our signage is up there with the best.

We check the signs on the morning of the event and during the event and any issues highlighted in the rider briefing.

We will use the following signs during the event:

- Are placed APPROXIMATLY 1 mile apart.
- Before a turn you will see a directional arrow
- At a turn you will see several directional arrows
- Shortly after a turn you will see a confirmation of route arrow
- Hazards along the way such as cattle grids and steep descents are clearly marked.

Feel free to use a GPS device in this event, such as Garmin or Wahoo but you can do the route without such a device because of the excellent signage.

If in any doubt with the route on a GPS device then we would always say “FOLLOW THE SIGNS”
**GENERAL INFORMATION**

**ROUTE PROFILES**

**Medium Route Profile**

00.0mi (00.0km)  
15mi (24.2km)  
Winnats Pass  
31.9mi (51.3km)  
39.1mi (63km)  
Cat & Fiddle  
59.7mi (96.0km)

**Winnats Pass Profile**

Distance 1.4miles (2.3km)  
Max Elevation 22.7%  
Average Elevation 9.5%  
Height Gain 705ft (215m)

Please note that Winnats Pass will **NOT** be a closed road section this year. Please adhere to normal road rules.

**Long Route Profile**

00.0mi (00.0km)  
15mi (24.2km)  
Winnats Pass  
34.4mi (55.5km)  
54.5mi (87.8km)  
Holm Moss  
68mi (109.4km)  
84.2mi (135.6km)  
91.6mi (147.3km)  
Cat & Fiddle  
112mi (180km)
### GENERAL INFORMATION

### FEED SPECIFICS

<table>
<thead>
<tr>
<th>Feed Location</th>
<th>Miles from Start</th>
<th>KM from Start</th>
<th>Miles to Next Feed</th>
<th>KM to Next Feed</th>
<th>Miles to Finish</th>
<th>KM to Finish</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Medium</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Kings School Macclesfield</td>
<td>31.9</td>
<td>51.3</td>
<td>N/A</td>
<td>N/A</td>
<td>27.7</td>
<td>44.6</td>
</tr>
<tr>
<td><strong>Long</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Bradfield Village Hall</td>
<td>34.4</td>
<td>55.5</td>
<td>33.4</td>
<td>58.3</td>
<td>77.6</td>
<td>124.9</td>
</tr>
<tr>
<td>2. Hayfield Village Hall</td>
<td>68.0</td>
<td>109.4</td>
<td>16.3</td>
<td>26.0</td>
<td>44.1</td>
<td>71.0</td>
</tr>
<tr>
<td>3. Kings School Macclesfield</td>
<td>84.2</td>
<td>135.6</td>
<td>N/A</td>
<td>N/A</td>
<td>27.8</td>
<td>44.7</td>
</tr>
</tbody>
</table>

Feeds will be on a GRAB & GO basis. Meaning use the facilities if needed then after washing and using the hand gel provided, fill your drinks bottles then collect your food bag and go. Please do not linger at the feed station.

There are plenty of glorious locations along the route where you can stop and eat your food without congregating at the feed station.

Many of the feed stations we use are village halls and have very kindly allowed us to use their locations on the proviso that we do not have groups of people within the hall and we observe current social distance and COVID-19 rules.

If you have any dietary requirements please email events@velo29.com we order a limited number of vegetarian, vegan and gluten free options but we would appreciate if you could email then we can cater for you. If you have emailed then please ask the staff at the feed for your specific food.

If you have very specific requirements then again please email and we can put you in touch with our caterer.
What to Bring On the Day

Velo29 sportives are well supported however we strongly recommend you prepare yourself with some essentials.

Please arrive with the following:

- 2 Water Bottles - you can fill up at the feeds and HQ
- Enough food to keep you going for several hours of riding
- Water proof light-weight jacket in case the weather changes
- 2 x inner tubes, tyre levers and a mini pump
- Mobile phone pre-programmed with emergency contact number – 07402 168 687
- Basic tool kit including chain tool
- If you use a GPS device such as a Garmin or Wahoo then don’t forget it and preload it with the route!

A helmet must be worn by all riders, please contact us via email if you are not able to wear a helmet.

The wearing of hard shell helmets conforming to CE standards EN1078 is mandatory for all riders participating in Velo29 sportive events. It is the rider’s responsibility to equip themselves appropriately prior to event day, that the wearing of helmets is a requirement of the event. Participants who start without a helmet, or choose to discard their helmet at any point of the ride will be withdrawn from the event without refund.
This is a challenge event aimed at riders of all abilities, it is not a race. Please read this short but important message.

As an increasing number of us take to the roads, the focus from the public on Sportives increases to grow. Sadly, not everyone is as excited about the explosion of cycling as we are. In previous events, we’ve had a small number of complaints regarding rider conduct and we fear that there is potential for these negative comments to escalate putting Sportives on the open road at risk.

As such we ask you all too please ride with every consideration to other road users, including cars and horses. Be as courteous to others as you can and absolutely follow the rules of the road 100% of the time.

Also, NO LITTERING please!

Velo29 do an increasing amount of work each year with the areas we pass through to minimise the disruption and prevent any objection to Sportives on the open roads. We need the riders to do the same, it’s in all our interests to prevent public objection.

Please ride well and ride safely for yourself and other road users.

We’ve recently received complaints of urinating in public places which we cannot tolerate. This is a criminal matter and we would support the police in their prosecutions.
**Fitness and the Bike**

The responsibility is upon the rider to be physically capable of completing their chosen distance and the accompanying climbing and elevation involved.

Also, the rider is responsible for their own bike and you need to be confident that it is safe and reliable enough to complete the distance. There are professional mechanics available on the day but their role is to assist with small mechanical issues which occur on the ride and any issues which may have occurred on the way to the event.

If the event team, judge your bike not to be suitable for the ride, then you will not be allowed to start. Refunds will not be given if the rider’s bike is not suitable.

As this is a very challenging course, please check your bike is in full working order, bikes should have a mechanical check and any issues resolved prior to attending the event. There will be a mechanic available at the start finish on the day of the event to deal with any minor issues that may have occurred en-route.
Medical cover will be available at various locations on the route for the duration of the event.

The Event Emergency number will reach event control who will record your call and respond appropriately.

The best way to contact us is by using the Velo29 Ride App, this will tell us who you are, what is wrong and importantly, where you are. The app can be downloaded for free from Google Play and the App Store. Instructions on the next page.

The emergency contact number is below; please add this to your phone however it is also displayed on the back of your rider number.

**Emergency Contact Number**

**07402 168 687**

For breakdowns, rider recovery or non-emergency injuries call the above number.

**However for serious medical emergencies, please dial 999 immediately** and then please inform event control on the above number.

Please be aware that due to the size of the event you may have to wait a while for recovery. In the first instance your best course of action is to go forward or back to the nearest feed station if you are able. The staff there can arrange recovery. If you need recovering from the course then you may be dropped at a feed station then picked up by another vehicle and this may take time. There are hot drinks and food at the feed stations so you will be comfortable till help arrives.

If you are having mechanical issues then please call the number above and we get help to you as soon as possible.
You will always cross the line at a Velo29 PRIMAL event and receive a great welcome back. and it doesn't stop at that, you will receive...

- High quality finishers medal
- Sausage bun
- Bottle of beer
- Printed time if you want one
- Energy & hydration products

all as part of your entry fee

Available at extra cost will be

- Coffee and snacks from Le Velo Café
- PRIMAL clothing will be at some events
The Velo29 Ride App

...the best way to get support during your ride—only accessible on Event Day

Application Instructions for iOS & Android users.

The app is for Sportive riders on event day who need help. It will send Velo29 Event Control your essential data and position so we can assist you swiftly and safely.

Please use this app for mechanical/medical or “off route/lost” assistance.

If a genuine medical emergency still default to 999.

Also if you’ve changed route i.e. dropped from long to medium or have gone home without finishing the ride you can use the app to tell us.

Download the app for free from the Google Play/Apple app store before the event.

Just search for Velo29 Ride.

At the time you need assistance open the app and enter your rider number which is on you handlebars.

Then enter the year you were born, this is to identify you.
Then press ‘log in for support’.

You will be asked to confirm your chip number, check it and press ‘Yep let’s go’ or ‘Got it wrong’ to go back and change it.

The app will then load your position on the map. Select from the 3 options.
If you select Mechanical or Medical you will get an alert. Press 'OK'.

A text message will open, you MUST send this message. Just press send.

Velo29 will respond back with a confirmation text message and we’ll keep you updated via text message with an ETA.

Use ‘confirm finished ride’ if you’ve not made it back to HQ and wish to tell us OR if you’ve changed route distance. Select the route distance and press ‘select’. If you’ve not ridden over the finish line of course you won’t get a time.

This service is only available to Velo29 Sportive participants during the event. It will not work on any other day!

For tech support before the event email events@velo29.com